

UNITY LODGE # 632 F. & A. M.

TRESTLEBOARD

January 2010



Unity Lodge # 632 F. & A.M.

3366 Adams Ave.

San Diego CA 92116

Lodge Phone # (619) 501-5515

Wor. Matt Byrd, Master

Bro. Frank Tremblay, Secretary

SCHEDULE OF EVENTS – Jan 2010

All events listed will be at Normal Heights Masonic Center,
3366 Adams Ave, San Diego, unless otherwise specified.

Mon	4 Jan	7:00	Practice: 3 rd Degree, 1 st Sec.
Wed	6 Jan	7:00	Practice: 3 rd Degree, 2 nd Sec.
Mon	11 Jan	7:00	Third Degree
Wed	13 Jan	6:30	Stated Meeting Dinner
		7:30	Stated Meeting
Wed	20 Jan	7:00	Library Discussion Group (open to all)
Mon	25 Jan	7:00	DOS at Silvergate 3 Stars
Wed	27 Jan	7:00	Temple Board Meeting

Greetings from the East

Brethren,

As I said in my Installation address, I happened upon Freemasonry four years ago, on a lunch-break with coworkers.

Mike, a coworker, was sitting across from me, wearing a ring with the symbols of the Square and Compass. That's when I asked Mike just one simple question, "What kind of ring is that?" Now, looking back, I've gained so much from what all began by asking that one simple question.

I've learned that Masons use ancient symbols to exemplify moral lessons of character and conduct:

For example, the common Gavel is symbolically used for divesting the heart and conscience of all the unnecessary vices and superfluities of life.

I also learned that every time Masons come to the Lodge they are reminded, "to practice outside of the Lodge, all of the great moral duties which are instilled within the Lodge."

So, by continuously acting like a good man, a Mason becomes a good man,

and ideally, over time, becomes an even better man.

I discovered that many of the greatest men in history were Masons. (Ben Franklin, George Washington, etc.)

Later I discovered that both my grandfathers were masons.

And that's why I'm here...

It all started with me catching a glance of a Masonic ring while on my lunch break.

This year is going to be special to me, and I'd like to share my great experience with you. I hope to see you all at our stated meeting dinners (the 2nd Wed of every month at 6:30pm.)

Best fraternal regards,

Matt

From the South

Brothers, sisters, family and friends,

Welcome to the new Masonic Year! Throughout 2010, I will attempt to continue the high standards that former Junior Warden Robert Dockery established. To that end, being that my cooking skills are laughable at best and actually dangerous at worst, I will be calling upon the skills and talents of many.

Under the guidance and coordination of Worshipful Daniel S. Beagles, PM, a menu for all of the Stated Dinners in 2010 is presented here for your consideration.

Note: This menu is subject to change and/or amendment without notice.

Proposed Dinner menu for Unity Lodge 2010

January: Chili-cheese Manicotti
Tossed Salad
Garlic Bread
Dessert

February: Pork Tenderloin W/ Apricot Glaze
Salad mix
Corn
French Bread
Dessert

March: Pot Roast W/ New potatoes (Corned Beef)
Salad
Veg melody (Medley?)
Dessert

April: Ham W/ Brown sugar Glaze
Twice mashed cheese potatoes.
Green Beans
Dessert

May: Enchiladas
Spanish rice
Salad
Dessert

June: Ribs
Potato Salad
Deviled eggs
Dessert

July: Hamburgers and Chili Dogs
Home made French fries
Dessert

August: Shrimp Fettuccine Alfredo
Salad
Dessert

September: Southern Fried chicken
Mashed potatoes
Gravy
Veg. Mix
Dessert

October: Shrimp Gumbo
Salad
Rice
Dessert

November: Turkey
Cornbread dressing
Cranberry sauce
Gravy
Veg. mix
Pumpkin pie

December: Ham
Shrimp Salad
Deviled eggs
Dessert

Enjoy 2010!!

Sean K.T. Shiraishi
Junior Warden

From the Editor

Brethren, ladies, and friends, I'd like to apologize that this month's Trestleboard is not as complete as I wanted it to be.

First, unfortunately, the birthdays and Masonic anniversaries are not here, because I don't have them. My regrets and apologies to all of you whose birthday or anniversary falls in January.

Our Secretary will have updated information for me for the entire year within a few days. I thought it was more important to get the Trestleboard out to you, than to wait until it was perfect.

We are really trying to get the Trestleboard into your hands earlier than was often the case last year. There are also some changes in the works:

- We'll be noting the menu as part of the Stated Meeting Dinner announcement in the Calendar. (Thank you, Bro. Sean! Please advise me of any changes to the menu.)
- We will add a page showing the name and contact information of each of the officers. (I'm not an officer of the Lodge, so I don't have to put my contact information there.)
- As we find room here, we will put in articles, poems, or original compositions submitted by our members or their families. Please send these to me! I will look over all submissions. If they are any good, they'll go in here. If they aren't any good.... Well, I'll probably run them anyway.

Please let us know what you'd like to see here. You can contact me, Jim Train, at (858) 279-3569, or Wor. Matt Byrd, our 2010 Master.

From www.themasonictrowel.com

A FREEMASON'S PRAYER

Thou most glorious and Holy Lord,
God of the Universe,
We are humbly here assembled,
To extol Your grace, with verse.
Oh Great Architect, Creator
Of the Earth with all its good,
It is in Thy Name, we pledge our lives
To peace and brotherhood.

By upholding all the principles
Freemasonry describes,
We Freemasons try to live the way
The Ancient Craft prescribes.
For the virtues we aspire to
Are good, benign, and just,
Such as Truth, and Love, and Justice,
With Morality and Trust.

Supreme Lord of all the Universe,
Hear our impassioned plea,
May we all live by the tenets
Which Thou gave Freemasonry.
And may all of Man's endeavors
With his fellow man compare
With the noble and sublime ways
Of the Compass and the Square.

(Author unknown)